

INITIAL CONSULT WORKSHEET

Patient Name _____ DOB _____ Date: _____

Did a physician refer you YES NO

Referring Physician's Name _____ Phone _____

Address _____ City/Zip _____

MEDICINES

(currently used regularly or occasionally) List non-prescription medicines on last line. (None)

Name of Medicine	Dose (mg)	Frequency of use (times per day)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

ALLERGIES

Have you had any reactions to:

Latex, rubber, or adhesive tape Yes No Seafood, iodine, or contrast dye for x-rays Yes No

Bee stings Yes No Hives, skin rash, trouble breathing, or other severe reactions to medicines Yes No

If "Yes" to the last question, list below:

Medicine/other substance	Type of reaction
_____	_____
_____	_____
_____	_____

SOCIAL HISTORY

Highest education level (grade) attained G.E.D. H.S.Diploma College Degree _____ Other _____

Are you presently employed Yes No Occupation _____

Prior Occupations _____

Have you had any occupational exposure to asbestos, metals, chemicals, etc. Yes No

If Yes, Describe _____

Do you smoke tobacco Yes No Type & frequency _____ How long _____

In the past Yes No Type & frequency _____ How long _____

When stopped _____ Did your mother smoke Yes No Did your father smoke Yes No

Do you drink alcohol Yes No Type & frequency _____ How long _____

In the past Yes No Type & frequency _____ How long _____

When stopped _____

HOME ENVIRONMENT/COMMUNICATION ASSESSMENT

(Physician: Elaborate when appropriate)

Are you currently married Yes No if yes, how long _____ Divorced Widowed Single

Do you have problems with your

Ability to see Yes No Describe _____ Do you wear glasses/contacts Yes No

Ability to speak Yes No Describe _____ Do you have speaking aids Yes No

Ability to hear Yes No Describe _____ Do you have hearing aids Yes No

Patient Name _____

REVIEW OF SYSTEMS

- | | | |
|--|------------------------------|-----------------------------|
| Headaches, confusion, memory lapses, seizures, slurred speech, | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Arm or leg weakness | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Vision loss or blurring, double vision; eye pain | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Non-healing or slow healing sore in mouth (gums, tongue, throat, etc.) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Hoarseness; weakness or loss of voice | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| New cough or change in usual cough | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Coughed up blood (plain or mixed with spit) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Chest pain or pressure; irregular or rapid heart beat; heart valve | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Swelling in legs or feet; pain in the calves when walking | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Loss of appetite: change in taste; fill up early when eating | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Difficulty or pain while chewing, drinking, or swallowing | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Indigestion, heartburn, nausea, vomiting, or stomach trouble | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Significant diarrhea or constipation; recent change in bowel habits | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Blood in stool or tarry looking stool | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Skin rash or sore: change in a mole | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Pain, stiffness, swelling or heat in joints; pain in any bone or back | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Pain anywhere else in the body | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Anxiety, depression, trouble falling asleep or staying asleep | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Any lumps or bumps (skin, lymph nodes or glands, breasts, testicles, etc.) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Easy or excessive fatigue | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Fever or night sweats | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Itching | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Abdominal swelling or bloating | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| New moles or change in a mole | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Diabetes; thyroid or adrenal problems | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Excessive bleeding or bruising | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Physician Comments _____

Usual weight _____ lbs. Wt. lost in last 6 months _____ lbs. Wt. lost in last 3 months _____

FEMALES ONLY

- | | | | |
|------------------------------|------------------------------|-----------------------------|---|
| Mammogram within 1 year | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date of last mammogram _____ |
| Pelvic exam within 1 year | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date of last pelvic exam _____ |
| Pap smear within 1 year | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date of last pap smear _____ |
| Still menstruating | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Age when started menstruation _____ |
| If Yes, regular periods | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Blood loss/pattern typical <input type="checkbox"/> Yes <input type="checkbox"/> No |
| If No, natural menopause | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Surgical menopause <input type="checkbox"/> Yes <input type="checkbox"/> No Age _____ |
| Other _____ | | | |
| Might you be pregnant | <input type="checkbox"/> Yes | <input type="checkbox"/> No | |
| Have you ever been pregnant | <input type="checkbox"/> Yes | <input type="checkbox"/> No | If yes, how many times _____ |
| Age at first pregnancy _____ | | | Age at last pregnancy _____ Age of first menstrual period _____ |
| Are you taking any hormones | <input type="checkbox"/> Yes | <input type="checkbox"/> No | If yes, what hormones are you taking _____ |

Abortions Yes No Miscarriages Yes No If Yes, explain below _____

MALES ONLY

- | | | | |
|--|------------------------------|-----------------------------|--|
| Prostate exam within 1 year | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Date of last prostate exam _____ |
| PSA within 1 year | <input type="checkbox"/> Yes | <input type="checkbox"/> No | If Yes, was it <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal |
| Any trouble with starting urine, dribbling, getting up more than 2x/night to urinate | <input type="checkbox"/> Yes | <input type="checkbox"/> No | |



Patient Name _____

PAST MEDICAL HISTORY

(Physician: Elaborate in comments or in notes when appropriate)

Have you ever had any of the following illnesses or conditions in the past?

	<u>Comments</u>				<u>Comments</u>	
Stroke/TIA	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Liver disease/hepatitis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Glaucoma/Cataracts	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Kidney/Bladder disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Thyroid disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Diabetes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
High blood pressure	<input type="checkbox"/> Yes	<input type="checkbox"/> No	High blood fats, cholesterol	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Heart disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Abnormal bleeding	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Vein trouble/blood clots	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Anemia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Female problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Joint disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Prostate problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Tuberculosis, pneumonia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Lung disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Anxiety/depression	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Stomach/bowel disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Psychiatric illness	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Cancer	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Lymphoma/Leukemia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Autoimmune disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Other	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Have you ever had any serious injuries or broken bones?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	Explain _____	
Have you ever received a blood transfusion?			<input type="checkbox"/> Yes	<input type="checkbox"/> No	Explain _____	
Immunizations						
Flu (within 1 year)	<input type="checkbox"/> Yes	Year _____	<input type="checkbox"/> No	<input type="checkbox"/> Unknown		
Hepatitis B	<input type="checkbox"/> Yes	Year _____	<input type="checkbox"/> No	<input type="checkbox"/> Unknown		
Pneumonia	<input type="checkbox"/> Yes	Year _____	<input type="checkbox"/> No	<input type="checkbox"/> Unknown		
Tetanus (w/in 10 yrs)	<input type="checkbox"/> Yes	Year _____	<input type="checkbox"/> No	<input type="checkbox"/> Unknown		

SURGERY

(Please list all prior surgeries and hospitalization dates)

FAMILY HISTORY

(Physician: Elaborate in comments or in notes when appropriate)

Father alive Yes No Age _____ If No, age of death _____ Cause of death _____
 Mother alive Yes No Age _____ If No, age of death _____ Cause of death _____
 Any brothers Yes No How many alive _____ Age(s) _____
 How many deceased? _____ Age(s) _____ Cause of death _____
 Any sisters Yes No How many alive _____ Age(s) _____
 How many deceased? _____ Age(s) _____ Cause of death _____
 Any children Yes No How many alive _____ Age(s) _____
 How many deceased? _____ Age(s) _____ Cause of death _____

Father's race:
 White (not Hispanic origin) Black (not Hispanic origin) Hispanic Asian/Pacific Islander Native American/Native Alaskan

Mother's race:
 White (not Hispanic origin) Black (not Hispanic origin) Hispanic Asian/Pacific Islander Native American/Native Alaskan

Indicate illnesses which have occurred in Parents, Grandparents, Aunts, Uncles, Brothers, Sisters

	<u>Identify Family Members</u>	<u>Physician's Comments</u>
Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Heart disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
High blood pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Strokes	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Bowel disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Patient's signature _____ Date _____
 Signature of person assisting patient with this form _____ Date _____
 Relationship to patient _____